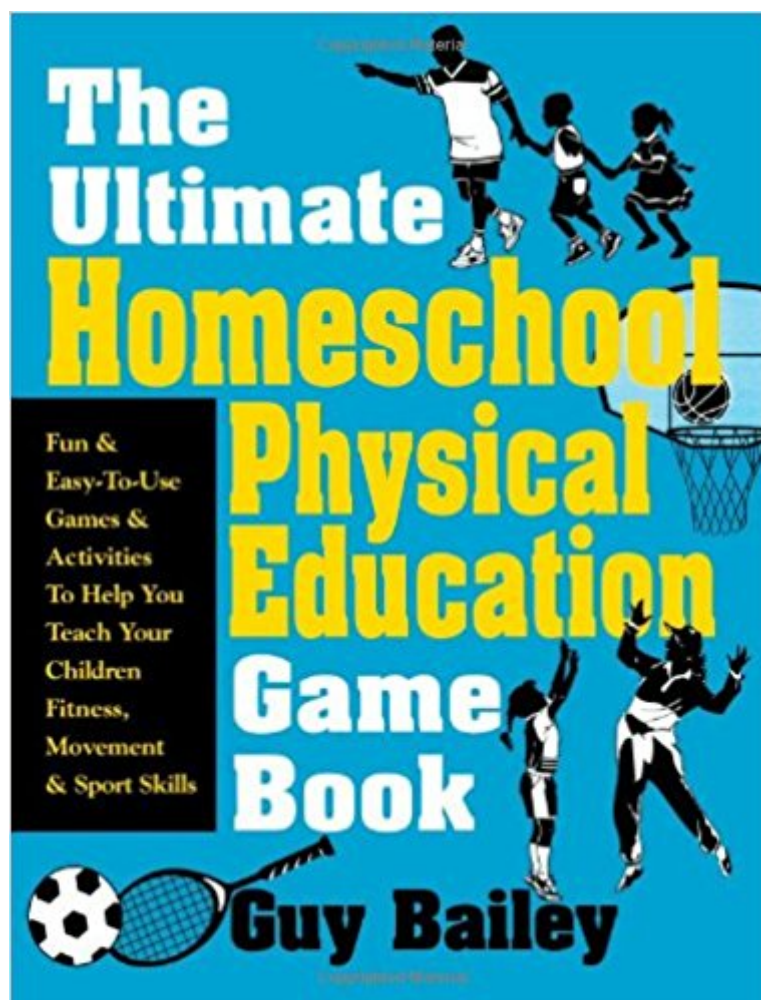




The book was found

# The Ultimate Homeschool Physical Education Game Book: Fun & Easy-To-Use Games & Activities To Help You Teach Your Children Fitness, Movement & Sport Skills





## Synopsis

This unique collection of partner and small group games (requiring only two-four participants) is perfect for teaching and developing physical education skills in the home setting. These learning activities do not require a gymnasium, expensive equipment, or a large playing area--in fact, most can be played in a backyard-size setting or smaller. Written by an experienced physical educator, this user-friendly resource is packed with only small-sided games tested and proven to develop fitness, movement, and sport-specific skills in children of all ages. In addition, these success-oriented games are guaranteed to put fun back into PE participation--an important incentive for children to become more active and physically fit. Each game activity provides everything needed for its successful use. This includes an introduction with a skill purpose, number of players required, suggested age level, equipment needed, illustrations, and easy-to-understand instructions. In addition, you'll find helpful advice on how to use these games most effectively in the home school program, how to introduce games to children, finding the right game to achieve your learning objective, safety guidelines, and much more. In short, The Ultimate Homeschool Physical Education Game Book is the most complete family physical education game resource available today. Now parents have the tool to make a positive difference in the lifestyles of their children, and to set them on the road to a lifetime of movement and health.

## Book Information

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## Customer Reviews

"If you have been frustrated for lack of PE ideas, this book will thrill you and add a new and often

overlooked course to your home studies."

Guy Bailey, M.Ed., has over twenty years of experience teaching elementary physical education, coaching youth sports, and developing physical education programs for the home educator. In addition to this book, he has also authored "The Ultimate Playground & Recess Game Book" and "The Ultimate Sport Lead-Up Game Book."

I got this book yesterday and already I have marked dozens of games that I think my family will enjoy playing together. I was on the fence about books like this but I am glad I got it. It has so many game ideas that I would never have thought of. It's been tougher to think of games for the whole family since we now have teens and toddlers. This book is very helpful. :)

Our homeschool was moving right along, but we are several years in and I still didn't have the physical component working. It's really hard to keep two kids interested in it when you are doing basic calisthenics and running, when you're even doing it at all. I was really hoping to find a book that had games in it that could be played with as little as three people and still be active and fun. I found this book on Amazon, crossed my fingers, and ordered. It arrived yesterday and I am so thrilled with it! Almost every page of the book has an activity. They are grouped by the sport that inspired them. And while you can't play a proper game of soccer with only three people, the activities in the book will allow me to start teaching them soccer skills and basic rules for the game, and if they are interested and want to join a team, they won't be playing catch-up. There are sections for all the major sports played in the US, as well as modified playground games (like ones based on tag and four-square). The sections set up to teach based on actual sports are laid out like simple lesson plans with the purpose of the activity, materials needed, number of players, and set-up followed by the how-to directions. The sections on playground games have several activities per page and give a good explanation on how to play. This is not a book to use to teach the effects of and reasons for exercise. If you are looking for worksheets for your kids to fill in about calorie expenditure and major muscle groups, this is not the book. Those books are out there in one form or another, but as far as I can tell, there are no books full of activities for small groups that actually teach sports skills. I'm very, very pleased with this purchase and am spreading the word about it to my fellow homeschoolers.

I bought this for a Homeschool soccer and PE class I lead. It has a good variety of games. Most

games are targeted for the 6-14 age range, some are for the older end (think basketball) I loved that the games were built for 2-4 people, so they are games I can play with my 2 boys without having to host an entire co-op class. Gives the fun game ideas homeschoolers often miss out on in a homeschool environment, but is flexible enough that you could teach games to multiple kids in a co-op class.

My 9 and 7-year-olds really enjoy the games presented in this book! We tried out "triple action kickball" last week, and they begged to play it again the next day! A relief to me, as I'm always scrambling to "fit in" P.E.! I got a good workout, too. Another great benefit is that my son in particular bonds with me (his mom/teacher/boss) if I'm playing an active game with him. I find that a good physical game like the ones presented so clearly in this book, really help the rest of the day go more smoothly. Thanks, Guy Bailey! Highly recommended!

We are having a great time with this book! The directions are clear and straight-forward and there are even diagrams. The children (ages 6-13) look at the pictures after I read the description and then go have fun.

Very complete guide to PE. There are lots of fun games to enhance the childrens learning skills. The glossary of terms at the end of each chapter help to further educate about each particular sport.

this is a great book for homeschoolers who need to learn all these games but who may not have enough to field a team every day. the game modifications are fun and easy and even mom has a great time!

highly recommended for school, homeschool, scouts, etc to want games to play with their kids or just to have fun outside with their families

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(Routledge Studies in Physical Education and Youth Sport) Family Games: Fun Games To Play With Family and Friends (Games and Fun Activities For Family Children Friends Adults and Kids To Play Indoors or Outdoors) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Travel Games for Adults: Coloring, Games, Puzzles and Trivia: Featuring Over 60 Activities including Group Games, Games for Two, Scavenger Hunts, ... Word Search, Word Scramble and more Movement Matters: Essays on Movement Science, Movement Ecology, and the Nature of Movement 101 Drama Games and Activities: Theatre Games for Children and Adults, including Warm-ups, Improvisation, Mime and Movement Kickboxing Fitness: A Guide For Fitness Professionals From The American Council On Exercise (Guides for Fitness Professionals) (Ace's Group Fitness Specialty) Word Search for Kids Ages 6-8: Reproducible Worksheets for Classroom & Homeschool Use (Woo! Jr. Kids Activities Books) Crossword Puzzles for Kids Ages 7 & Up: Reproducible Worksheets for Classroom & Homeschool Use (Woo! Jr. Kids Activities Books) Talking with Your Toddler: 75 Fun Activities and Interactive Games that Teach Your Child to Talk Brain Games for Dogs: Training, Tricks and Activities for your Dog's Physical and Mental wellness( Dog training, Puppy training,Pet training books, Puppy ... games for dogs, How to train a dog Book 1) 365 Manners Kids Should Know: Games, Activities, and Other Fun Ways to Help Children and Teens Learn Etiquette Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) 10-Minute Life Lessons for Kids: 52 Fun and Simple Games and Activities to Teach Your Child Honesty, Trust, Love, and Other Important Values Teach Yourself Card Games, New Edition (Teach Yourself: Games/Hobbies/Sports) Global Perception: Sport Education, Teaching of Physical Education and Curriculum Studies

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